



| Monday | Tuesday | Wednesday | Thursday | Friday |
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|  MEMORIAL DAY | MAY 30 POP TARTS (76g 360cal), ASSORTED FRUIT OR FRUIT JUICE | MAY 31 GLAZED BREAKFAST BUN (48g 300cal), ASSORTED FRUIT OR FRUIT JUICE | 1 SAUSAGE BREAKFAST PIZZA (26g, 210 Cal), ASSORTED FRUIT OR FRUIT JUICE | 2 BISCUIT (28g 210cal) WITH SAUSAGE PEPPERED GRAVY (5g 45cal), SAUSAGE PATTY (2g 160cal), ASSORTED FRUIT OR FRUIT JUICE |
| 5 MINI WAFFLES (37g, 220cal) WITH SYRUP (6g, 15cal), SAUSAGE PATTY (2g 160cal), ASSORTED FRUIT OR FRUIT JUICE | 6 MINI DONUT PACKS (0g 320cal), ASSORTED FRUIT OR FRUIT JUICE | 7 CHOCOLATE FROSTED (18g 96cal) DONUT (27g 300cal), ASSORTED FRUIT OR FRUIT JUICE | 8 SAUSAGE BREAKFAST PIZZA (26g, 210 Cal), ASSORTED FRUIT OR FRUIT JUICE | 9 BISCUIT (28g 210cal) WITH SAUSAGE PEPPERED GRAVY (5g 45cal), SAUSAGE PATTY (2g 160cal), ASSORTED FRUIT OR FRUIT JUICE |
| 12 MINI FRENCH TOAST (37g, 220cal) WITH SYRUP (6g, 15cal), SAUSAGE PATTY (2g 160cal), ASSORTED FRUIT OR FRUIT JUICE | 13 POP TARTS (76g 360cal), ASSORTED FRUIT OR FRUIT JUICE | 14 FRESHLY BAKED GLAZED(0g 25cal) CINNAMON ROLL(6g 310cal), ASSORTED FRUIT OR FRUIT JUICE | 15 SAUSAGE BREAKFAST PIZZA (26g, 210 Cal), ASSORTED FRUIT OR FRUIT JUICE | 16 BISCUIT (28g 210cal) WITH SAUSAGE PEPPERED GRAVY (5g 45cal), SAUSAGE PATTY (2g 160cal), ASSORTED FRUIT OR FRUIT JUICE |
| 19 MAPLE BURSTIN PANCAKES (41g 230cal), SAUSAGE PATTY (2g 160cal), ASSORTED FRUIT OR FRUIT JUICE | 20 POP TARTS (76g 360cal), ASSORTED FRUIT OR FRUIT JUICE | 21 CHOCOLATE FROSTED (18g 96cal) DONUT (27g 300cal), ASSORTED FRUIT OR FRUIT JUICE | 22 SAUSAGE BREAKFAST PIZZA (26g, 210 Cal), ASSORTED FRUIT OR FRUIT JUICE | 23  Have a Great Summer! |
| 26 | 27 | 28 | 29 | 30 |

THE FORSYTH SCHOOL DISTRICT IS PARTICIPATING IN THE SUMMER FOOD SERVICE. MEALS WILL BE PROVIDED TO ALL CHILDREN / STUDENTS WITHOUT ANY CHARGE. MEALS ARE PROVIDED ON A FIRST COME, FIRST SERVE BASIS. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF LOW FAT OR FAT FREE WHITE SKIM MILK (11g 80cal), 1% SKIM MILK (11g 100cal), OR CHOCOLATE SKIM MILK (24g 130cal). PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE. THE FORSYTH R-III SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.

