


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>MEMORIAL DAY</p>	<p>MAY 30</p> <p>NACHO CHIPS (21g 150cal), TACO MEAT, NACHO CHEESE, GRAPE TOMATOES &, SHREDDED LETTUCE , SPANISH RICE, PEARS</p>	<p>MAY 31</p> <p>CHICKEN NUGGETS (9g 170cal), MASHED POTATOES (27g 300cal) WITH GRAVY, SPICED APPLES, CHOCOLATE CHIP COOKIE (19g 100cal)</p>	<p>1</p> <p>CHEESE OR PEPPERONI PIZZA(36g 350cal), SWEET CORN, PINEAPPLE TIDBITS, GOGURT</p>	<p>2</p> <p>HOT DOG (4g 170cal) ON BUN (27g 140cal), HOMEMADE MAC(41g 200cal) AND CHEESE, CRINKLE CUT FRIES, MANDARINE ORANGES</p>
<p>5</p> <p>HOMEMADE CHICKEN AND NOODLES (6.06g 274cal), FRESH HOT ROLL (2g 120cal), GREEN BEANS, SPICED CHERRIES</p>	<p>6</p> <p>GRANNY'S FAMOUS MEATLOAF, MASHED POTATOES WITH GRAVY(3g 15cal), FRESH HOT ROLLS(27g 140cal), MANDARIN ORANGES</p>	<p>7</p> <p>CHICKEN NUGGETS (9g 170cal), MASHED POTATOES (27g 300cal) WITH GRAVY, SPICED APPLES, CHOCOLATE CHIP COOKIE (19g 100cal)</p>	<p>8</p> <p>CHEESEBURGER (12g 220cal) ON BUN(27g 140cal), PICKLE SPEARS, SEASONED WEDGES, FRUIT COCKTAIL</p>	<p>9</p> <p>POTATO CRUNCH FISH STICKS (14g 290cal), Hush Puppies (10g 190cal), GREEN BEANS, APPLE SAUCE</p>
<p>12</p> <p>CHEESY BOSCO STICKS(36g 350cal), MARINARA DIPPING SAUCE, SWEET CORN, PINEAPPLE TIDBITS, GOGURT</p>	<p>13</p> <p>ORIENTAL SPICED CHICKEN (19g 150cal) WITH RICE (37g 170cal), EGG ROLL (19g 180cal), MIXED VEGGIES, SPICED CHERRIES</p>	<p>14</p> <p>CHICKEN NUGGETS (9g 170cal), MASHED POTATOES (27g 300cal) WITH GRAVY, SPICED APPLES, CHOCOLATE CHIP COOKIE (19g 100cal)</p>	<p>15</p> <p>CHEESE AND BEEF (1g 66cal) ENCHILDAS (9g 170cal) WITH QUESO BLANCO SAUCE, REFRIED BEANS, FRUIT COCKTAIL, GRAHAM CRACKERS (19g 100cal)</p>	<p>16</p> <p>CORN DOG(30g 240), HOMEMADE MAC(41g 200cal)AND CHEESE, POTATOE WEDGES, PEACHES</p>
<p>19</p> <p>CHEESE OR PEPPERONI PIZZA(36g 350cal), SWEET CORN, PINEAPPLE TIDBITS, GOGURT</p>	<p>20</p> <p>BBQ CHICKEN (3g 86cal) ON BUN (27g 140cal), BAKED BEANS, CINNAMON APPLE SAUCE</p>	<p>21</p> <p>CHICKEN NUGGETS (9g 170cal), MASHED POTATOES (27g 300cal) WITH GRAVY, SPICED APPLES, CHOCOLATE CHIP COOKIE (19g 100cal)</p>	<p>22</p> <p>SACK LUNCH WITH STRAWBERRY UNCRUSTABLES (32g 320cal), CHEESE STICKS, DORITOS (20g 130cal), CARROT STICKS, APPLE</p>	<p>23</p> <div data-bbox="1617 990 1911 1201"> <p>Have a Great Summer!</p> </div>
<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>

THE FORSYTH SCHOOL DISTRICT IS PARTICIPATING IN THE SUMMER FOOD SERVICE. MEALS WILL BE PROVIDED TO ALL CHILDREN / STUDENTS WITHOUT ANY CHARGE. MEALS ARE PROVIDED ON A FIRST COME, FIRST SERVE BASIS. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF LOW FAT OR FAT FREE WHITE SKIM MILK (11g 80cal), 1% SKIM MILK (11g 100cal), OR CHOCOLATE SKIM MILK (24g 130cal). PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE. THE FORSYTH R-III SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.

