



DECEMBER 2025

Forsyth School District

Parents, you can make payments online through the "Parent Portal" via Infinite Campus. You may also make payment by cash or check in your Student's building office or in call the Food Service Office and make a payment with a credit card.

Monday

LUNCH PRICES

Pre-K-4 Full Price \$ 2.45

5-8 Full Price \$2.55

9-12 Full Price \$2.65

Reduced Price \$.40

Adult Price \$3.20

Tuesday

Wednesday

Thursday

Friday

VEGETABLE SUB GROUPS

DARK GREEN
RED/ORANGE
LEGUMES
STARCHY
OTHERS

CHEESY BOSCO BREADSTICKS (25g),
MARINARA DIPPING SAUCE, ROMAINE
SALAD OR FRESH BROCCOLI, PEACHES
OR FRESH FRUIT

CHICKEN AND CHEESE CRISPITOS (22g),
SPANISH RICE (38g), REFRIED BEANS
OR FRESH BROCCOLI, MANDARIN
ORANGES OR FRESH FRUIT, CHURRO
BITES

CHICKEN NUGGETS (9.5g), MASHED
POTATOES (27g) OR CARROT STICKS,
ROLL, APPLESAUCE OR FRESH FRUIT,
CHOCOLATE CHIP COOKIE (19g)

CHICKEN PARMESAN, PASTA WITH RED
SAUCE(31g), GARLIC BREAD STICK
(27g), ROMAINE SALAD OR CARROT
STICKS, FRUIT COCKTAIL OR FRESH
FRUIT

BAKED HAM, CHEESEY MASHED
POTATOES (27g 300cal), BAKED
CARROTS, HOT ROLLS, APPLESAUCE,
OR FRESH FRUIT



HAPPY NEW YEAR!
SEE YOU IN
2026!

FREE AND REDUCED LUNCH APPLICATIONS CAN BE PROCESSED AT ANY TIME OF THE YEAR. ONLINE APPLICATIONS ARE AVAILABLE THROUGH THE PARENT PORTAL BY SELECTING "MORE" THEN "MEAL BENEFITS." FOR ADDITIONAL INFORMATION PLEASE FEEL FREE TO CONTACT THE FOOD SERVICE DEPARTMENT. THE FORSYTH SCHOOL DISTRICT OPERATES UNDER THE GUIDELINES SET BY THE DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION AND USDA THROUGH THE NATIONAL SCHOOL LUNCH PROGRAM AND THE SCHOOL BREAKFAST PROGRAM. MENUS AND MEAL PRICES ARE AVAILABLE ON OUR SCHOOL WEBSITE FORSYTHPANTHERS.ORG WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE

THE FORSYTH SCHOOL DISTRICT UTILIZES THE "OFFER-VS-SERVE" SCHOOL FOOD PROGRAM. MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS GET THE OPPORTUNITY TO CHOOSE DIFFERENT MENU ITEMS. AT LUNCH STUDENTS WILL BE OFFERED CHOICES FROM FIVE DIFFERENT FOOD GROUPS. STUDENTS MUST CHOOSE AT LEAST THREE CREDIBLE SERVINGS FROM THE FIVE DIFFERENT FOOD GROUPS OFFERED, ONE OF WHICH MUST BE A SERVING OF FRUIT OR A VEGETABLE. STUDENTS MAY SELECT AN ITEM FROM ALL FIVE FOOD GROUPS. STUDENTS IN MIDDLE SCHOOL AND HIGH SCHOOL WILL HAVE ADDITIONAL CHOICES EACH DAY AT LUNCH. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF 1% SKIM MILK (11g 100cal), OR 1% CHOCOLATE SKIM MILK (24g 130cal). ADDITIONAL ENTRÉE CHOICES TO SATISFY YOUR APPETITE WILL BE OFFERED. CHEESEBURGERS AND CHICKEN PATTY SANDWICHES WILL BE OFFERED AS AN ALTERNATIVE. GRAB AND GO MEAL OPTIONS SUCH AS PREPARED SALADS AND A BROWN BAG MEAL WITH A PB&J, CHIPS, VEGGIES AND FRUIT SERVING PAIRED WITH A MILK OF YOUR CHOICE WILL BE OFFERED. MEALS ARE PROVIDED ON A FIRST COME, FIRST SERVE BASIS. PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. THE FORSYTH R-III SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.