

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



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GENERAL MILLS CEREAL PACKS (21-24g), ASSORTED FRUIT OR FRUIT JUICE

EGG OMELET WITH CHEESE, SAUSAGE PATTY, ASSORTED FRUIT OR FRUIT JUICE

YOGURT PARFAIT WITH ASSORTED FRUIT, GRANOLA, FRUIT JUICE

BREAKFAST BURRITO (23g), ASSORTED FRUIT OR FRUIT JUICE

At breakfast students are required to take a minimum of three items offered, one of which must be a fruit or Vegetable

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GENERAL MILLS CEREAL PACKS (21-24g), ASSORTED FRUIT OR FRUIT JUICE

BISCUIT (23g) WITH EGG PATTY AND CHEESE, ASSORTED FRUIT OR FRUIT JUICE

BACON, EGG, AND CHEESE BREAKFAST EXTRAVAGANZA, ASSORTED FRUIT OR FRUIT JUICE

BISCUIT (23g), SAUSAGE PATTY (0g), ASSORTED FRUIT OR FRUIT JUICE

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PANCAKE ON A STICK, ASSORTED FRUIT OR FRUIT JUICE

BISCUIT (23g) WITH EGG PATTY AND CHEESE, ASSORTED FRUIT OR FRUIT JUICE

BREAKFAST BURRITO (23g), ASSORTED FRUIT OR FRUIT JUICE



THE FORSYTH SCHOOL DISTRICT UTILIZES THE "OFFER-VS-SERVE" SCHOOL FOOD PROGRAM. AT BREAKFAST STUDENTS MUST CHOOSE AT LEAST THREE CREDIBLE SERVINGS FROM THE DIFFERENT FOOD GROUPS OFFERED, ONE OF WHICH MUST BE A SERVING OF FRUIT OR VEGETABLES. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF 1% SKIM MILK OR 1% CHOCOLATE SKIM MILK. PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE.