

Monday

Tuesday

Wednesday

Thursday

Friday

4



5

GENERAL MILLS CEREAL PACKS (21-24g), ASSORTED FRUIT OR FRUIT JUICE

6

YOGURT PARFAIT WITH ASSORTED FRUIT, GRANOLA, FRUIT JUICE

7

BACON, EGG, AND CHEESE BREAKFAST EXTRAVAGANZA, ASSORTED FRUIT OR FRUIT JUICE

8

BISCUIT (23g), SAUSAGE PATTY (0g), ASSORTED FRUIT OR FRUIT JUICE

At breakfast students are required to take a minimum of three items offered, one of which must be a fruit or Vegetable

12

BISCUIT (23g) WITH EGG PATTY AND CHEESE, ASSORTED FRUIT OR FRUIT JUICE

13

EGG OMELET WITH CHEESE, SAUSAGE PATTY, ASSORTED FRUIT OR FRUIT JUICE

14

PANCAKE ON A STICK, ASSORTED FRUIT OR FRUIT JUICE

15

BREAKFAST BURRITO (23g), ASSORTED FRUIT OR FRUIT JUICE

18

GENERAL MILLS CEREAL PACKS (21-24g), ASSORTED FRUIT OR FRUIT JUICE

19

CHOCOLATE FROSTED LONG JOHN (45g), ASSORTED FRUIT OR FRUIT JUICE

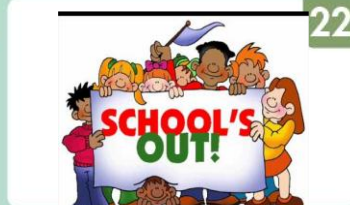
20

CHEESE PIZZA WITH CRUMBLER BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE

21

BISCUIT (23g) WITH SAUSAGE GRAVY (0g), ASSORTED FRUIT OR FRUIT JUICE

22



25



27



28



29



THE FORSYTH SCHOOL DISTRICT UTILIZES THE "OFFER-VS-SERVE" SCHOOL FOOD PROGRAM. AT BREAKFAST STUDENTS MUST CHOOSE AT LEAST THREE CREDIBLE SERVINGS FROM THE DIFFERENT FOOD GROUPS OFFERED, ONE OF WHICH MUST BE A SERVING OF FRUIT OR VEGETABLES. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF 1% SKIM MILK OR 1% CHOCOLATE SKIM MILK. PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE.