

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

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OATMEAL (20g) WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE

FRESHLY BAKED CINNAMON ROLL (32g), ASSORTED FRUIT OR FRUIT JUICE

CHEESE PIZZA WITH CRUMBLED BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE

BISCUIT (23g), SAUSAGE PATTIE (0g), ASSORTED FRUIT OR FRUIT JUICE

**13**

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**BREAKFAST PRICES**  
Pre-K-12 Full Price \$ 1.30  
Reduced Price \$.30  
Adult Price \$1.80  
Please remember to make Payment in advance on your Student Account

OATMEAL (20g) WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE

CHOCOLATE FROSTED LONG JOHN (45g), ASSORTED FRUIT OR FRUIT JUICE

CHEESE PIZZA WITH CRUMBLED BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE

BISCUIT (23g), SAUSAGE PATTIE (0g), ASSORTED FRUIT OR FRUIT JUICE

**20**

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**23**

**24**

OATMEAL (20g) WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE

CHOCOLATE CHIP MUFFIN (27g), ASSORTED FRUIT OR FRUIT JUICE

CHEESE PIZZA WITH CRUMBLED BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE

BISCUIT (23g), SAUSAGE PATTIE (0g), ASSORTED FRUIT OR FRUIT JUICE

**27**

**28**

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**31**

OATMEAL (20g) WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE

DOUBLE CHOCOLATE CHIP MUFFIN (27g), ASSORTED FRUIT OR FRUIT JUICE

CHEESE PIZZA WITH CRUMBLED BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE

BISCUIT (23g), SAUSAGE PATTIE (0g), ASSORTED FRUIT OR FRUIT JUICE

THE FORSYTH SCHOOL DISTRICT OPERATES UNDER THE GUIDELINES SET BY THE DEPARTMENT OF ELEMENTARY AND SECONDARY EDUCATION AND USDA THROUGH THE NATIONAL SCHOOL LUNCH PROGRAM AND THE SCHOOL BREAKFAST PROGRAM. MENUS AND MEAL PRICES ARE AVAILABLE ON OUR SCHOOL WEBSITE FORSYTHPANTHERS.ORG WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE.

THE FORSYTH SCHOOL DISTRICT UTILIZES THE "OFFER-VS-SERVE" SCHOOL FOOD PROGRAM. MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS GET THE OPPORTUNITY TO CHOOSE DIFFERENT MENU ITEMS. AT BREAKFAST STUDENTS MUST CHOOSE AT LEAST THREE CREDIBLE SERVINGS FROM THE DIFFERENT FOOD GROUPS OFFERED, ONE OF WHICH MUST BE A SERVING OF FRUIT OR VEGETABLES. A VARIETY OF GRAIN ENRICHED PRODUCTS IN ADDITION TO THE CHOICES LISTED ON THE MENU WILL BE OFFERED. PRODUCTS INCLUDE GENERAL MILLS CEREALS, PANCAKES, FRENCH TOAST STICKS, FRUIT PARFAITS, AND BREAKFAST SANDWICHES ALONG WITH YOUR CHOICE OF A FRUIT OR 100% FRUIT JUICE. MEALS ARE PROVIDED ON A FIRST COME, FIRST SERVE BASIS. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF 1% SKIM MILK OR 1% CHOCOLATE SKIM MILK. PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE. THE FORSYTH R-III SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.