

Monday

Tuesday

Wednesday

Thursday

Friday



MAY 26TH
 BEEF AND CHEESE BURRITO (22g) IN QUESO SAUCE, SPANISH RICE (38g), STREET CORN OR FRESH BROCCOLI, FRUIT COCKTAIL OR FRESH FRUIT

MAY 27TH
 CHICKEN NUGGETS (9.5g), MASHED POTATOES (27g) OR CARROT STICKS, ROLL, APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)

MAY 28TH
 MEATBALLS, PASTA WITH MEAT SAUCE(31g), GARLIC BREAD STICK (27g), ROMAINE SALAD OR CARROT STICKS, FRESH FRUIT

MAY 29TH
 BREADED CORN DOG (23g), MACARONI AND CHEESE, TATER TOTS OR FRESH BROCCOLI, PEACHES OR FRESH FRUIT

JUNE 1st
 CHEESY LASAGNA ROLL-UPS (23g), BREADSTICK (27g), MARINARA DIPPING SAUCE, ROMAINE SALAD, MIXED FRUIT CUP OR FRESH FRUIT, GOGURT

JUNE 2nd
 ORIENTAL SPICED CHICKEN (20g), RICE (38g), EGG ROLL (20g), ORIENTAL BLEND VEGGIES OR CUCUMBER SLICES, PINEAPPLE RINGS OR FRESH FRUIT

JUNE 3rd
 CHICKEN NUGGETS (9.5g), MASHED POTATOES (27g) OR CARROT STICKS, ROLL, APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)

JUNE 4TH
 BBQ PORK RIB ON A BREAD ROLL, POTATO WEDGES, CUCUMBER SLICES, PEARS OR FRESH FRUIT, RAINBOW SHERBET

JUNE 5TH
 SPICY CHICKEN WITH CREAMY PASTA SAUCE OVER RIGATONI NOODLES, GARLIC BREADSTICK, ROMAINE SALAD OR CARROT STICKS, FRESH FRUIT

JUNE 8TH
 WALKING TACOS (21g 150cal), CHEDDAR CHEESE (2g), TACO MEAT(2g), GRAPE TOMATOES, SHREDDED LETTUCE OR BLACK BEANS, SPANISH RICE, FRESH FRUIT OR MIXED FRUIT

JUNE 9TH
 PEPPERONI PIZZA (24g), CORN OR CARROT STICKS, MANDARIN ORANGES OR FRESH FRUIT, GOGURT

JUNE 10TH
 CHICKEN NUGGETS (9.5g), MASHED POTATOES (27g) OR CARROT STICKS, ROLL, APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)

JUNE 11TH
 BBQ PORK ON TORTILLA CHIPS, QUESO CHEESE, BAKED BEANS OR PICKLE SLICES, FRESH FRUIT OR PINEAPPLE SLICES

JUNE 12TH
 CHEESEBURGER (1.5g) ON A BUN (27g), PICKLE SPEARS, TATER TOTS OR BLACK BEANS, PEARS OR FRESH FRUIT

JUNE 15TH
 CHICKEN FRIED CHICKEN, MASHED POTATOES (27g 300cal) WITH GRAVY, OR FRESH BROCCOLI OR CARROT STICKS, FRESH HOT ROLL(27g 140cal), MANDARIN ORANGES OR FRESH FRUIT

JUNE 16TH
 CHEESY BOSCO BREADSTICKS (25g), MARINARA DIPPING SAUCE, ROMAINE SALAD OR FRESH BROCCOLI, PEACHES OR FRESH FRUIT

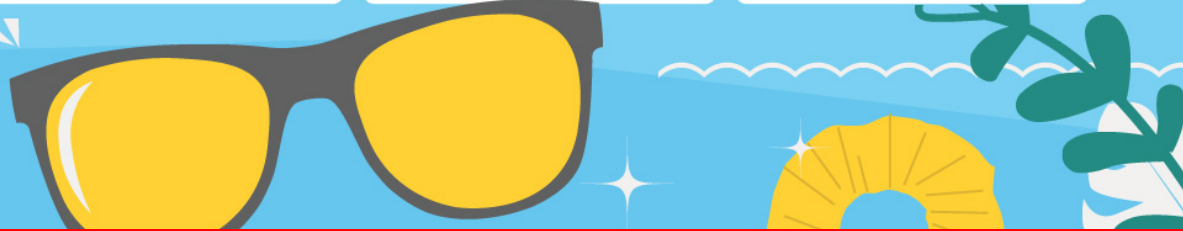
JUNE 17TH
 CHICKEN NUGGETS (9.5g), MASHED POTATOES (27g) OR CARROT STICKS, ROLL, APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)



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At lunch students are required to take a minimum of three out of five food items offered, one of which must be a fruit or vegetable serving.



FORSYTH SCHOOL DISTRICT IS PARTICIPATING IN THE SUMMER FOOD SERVICE. MEALS WILL BE PROVIDED TO ALL CHILDREN / STUDENTS FREE OF CHARGE. MEALS ARE PROVIDED ON A FIRST COME, FIRST SERVE BASIS. ADDITIONAL ENTRÉE CHOICES TO SATISFY YOUR APPETITE WILL BE OFFERED. CHEESEBURGERS, PIZZA SLICES AND CHICKEN SANDWICHES WILL BE OFFERED AS AN ALTERNATIVE. GRAB AND GO MEAL OPTIONS SUCH AS A BROWN BAG MEAL WITH A PB&J, CHEESE STICK, CHIPS, VEGGIES AND FRUIT SERVING PAIRED WITH A MILK OF YOUR CHOICE WILL BE OFFERED. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF 1% SKIM MILK, OR 1% CHOCOLATE SKIM MILK. PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE. THE FORSYTH R-III SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.