BREAKFAST

NOVEMBER 2026

FORSYTH ELEMENTRY

Parents, you can make payments online through the "Parent Portal" via Infinite Campus. You may also make payment by cash or check in your Student's building office or in call the Food Service Office and make a payment with a credit card.

Monday	Tuesday	Wednesday	Thursday	Friday
2 At breakfast students are required to take a minimum of three items offered, one of which must be a fruit or Vegetable	3 KELLOGG'S EGGO CINNAMON FRENCH TOAST GRAHAM CRACKERS (38g), ASSORTED FRUIT OR FRUIT JUICE	4 GENERAL MILLS MINI PANCAKE PUFFS (33g), ASSORTED FRUIT OR FRUIT JUICE	5 BISCUIT (23g), SAUSAGE PATTY (0g), ASSORTED FRUIT OR FRUIT JUICE	6 YOGURT PARFAIT WITH BLUEBERRIES, GRANOLA, FRUIT JUICE
9 EGG OMELET (0g) WITH CHEESE, SAUSAGE PATTY, ASSORTED FRUIT OR FRUIT JUICE	10 PANCAKE ON A STICK, ASSORTED FRUIT OR FRUIT JUICE	11 BREAKFAST BURRITO (23g), ASSORTED FRUIT OR FRUIT JUICE	12 BACON, EGG, AND CHEESE BREAKFAST EXTRAVAGANZA, ASSORTED FRUIT OR FRUIT JUICE	13 HONEYBUNS (32g), ASSORTED FRUIT JUICE
16	17 EGG BAKE BITES (3g) AND ASSORTED FRUIT JUICE, MILK	18 BISCUIT (23g), SAUSAGE PATTY (0g), ASSORTED FRUIT OR FRUIT JUICE	19 PANCAKE ON A STICK, ASSORTED FRUIT OR FRUIT JUICE	20 YOGURT PARFAIT WITH BLUEBERRIES, GRANOLA, FRUIT JUICE
23 EGG OMELET (0g) WITH CHEESE, SAUSAGE PATTY, ASSORTED FRUIT OR FRUIT JUICE	24 GENERAL MILLS CEREAL PACKS (21-24g), ASSORTED FRUIT OR FRUIT JUICE	25 	26 	27 
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THE FORSYTH SCHOOL DISTRICT UTILIZES THE "OFFER-VS-SERVE" SCHOOL FOOD PROGRAM. AT BREAKFAST STUDENTS MUST CHOOSE AT LEAST THREE CREDIBLE SERVINGS FROM THE DIFFERENT FOOD GROUPS OFFERED, ONE OF WHICH MUST BE A SERVING OF FRUIT OR VEGETABLES. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF 1% SKIM MILK OR 1% CHOCOLATE SKIM MILK. PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE.

THE FORSYTH R-III SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.