BREAKFAST

NOVEMBER 2026

FORSYTH SCHOOL DISTRICT

Parents, you can make payments online through the "Parent Portal" via Infinite Campus. You may also make payment by cash or check in your Student's building office or in call the Food Service Office and make a payment with a credit card.

Monday	Tuesday	Wednesday	Thursday	Friday
2 **BREAKFAST PRICES** **Pre-K–12** **Full Price $ 1.35** **Reduced Price $.30** **Adult Price $2.00**	3 OATMEAL (20g) OR YOGURT WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE	4 CHOCOLATE FROSTED LONG JOHN (45g), ASSORTED FRUIT OR FRUIT JUICE	5 CHEESE PIZZA WITH CRUMBLED BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE	6 BISCUIT (23g) WITH SAUSAGE GRAVY (0g), ASSORTED FRUIT OR FRUIT JUICE
9 EGG OMELET (0g) WITH CHEESE, SAUSAGE PATTY, ASSORTED FRUIT OR FRUIT JUICE	10 OATMEAL (20g) OR YOGURT WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE	11 FRESHLY BAKED CINNAMON ROLL (32g), ASSORTED FRUIT OR FRUIT JUICE	12 CHEESE PIZZA WITH CRUMBLED BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE	13 BISCUIT (23g) WITH SAUSAGE GRAVY (0g), ASSORTED FRUIT OR FRUIT JUICE
16 **At breakfast students are required to take a minimum of three items offered, one of which must be a fruit or Vegetable**	17 OATMEAL (20g) OR YOGURT WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE	18 CHOCOLATE MUFFIN WITH CHOCOLATE CHIPS (27g), ASSORTED FRUIT OR FRUIT JUICE	19 CHEESE PIZZA WITH CRUMBLED BREAKFAST SAUSAGE (35g), ASSORTED FRUIT OR FRUIT JUICE	20 BISCUIT (23g) WITH SAUSAGE GRAVY (0g), ASSORTED FRUIT OR FRUIT JUICE
23 EGG OMELET (0g) WITH CHEESE, SAUSAGE PATTY, ASSORTED FRUIT OR FRUIT JUICE	24 OATMEAL (20g) OR YOGURT WITH YOUR CHOICE OF TOPPINGS, ASSORTED FRUIT OR FRUIT JUICE	25 	26 	27 
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THE FORSYTH SCHOOL DISTRICT UTILIZES THE "OFFER-VS-SERVE" SCHOOL FOOD PROGRAM. MIDDLE SCHOOL AND HIGH SCHOOL STUDENTS GET THE OPPORTUNITY TO CHOOSE DIFFERENT MENU ITEMS. AT BREAKFAST STUDENTS MUST CHOOSE AT LEAST THREE CREDIBLE SERVINGS FROM THE DIFFERENT FOOD GROUPS OFFERED, ONE OF WHICH MUST BE A SERVING OF FRUIT OR VEGETABLES. A VARIETY OF GRAIN ENRICHED PRODUCTS IN ADDITION TO THE CHOICES LISTED ON THE MENU WILL BE OFFERED. PRODUCTS INCLUDE GENERAL MILLS CEREALS, FRENCH TOAST STICKS, FRUIT PARFAITS, AND BREAKFAST SANDWICHES ALONG WITH YOUR CHOICE OF A FRUIT OR 100% FRUIT JUICE. MEALS ARE PROVIDED ON A FIRST COME, FIRST SERVE BASIS. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF WHOLE MILK OR 1% CHOCOLATE SKIM MILK. PLEASE CONTACT THE FOOD SERVICES OFFICES AT 546-6384, IF YOU HAVE ANY QUESTIONS. WE RESERVE THE RIGHT TO CHANGE MENU ITEMS WITHOUT PRIOR NOTICE. THE FORSYTH R-III SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.