

**Monday**



\*\*\*\*\* **JUNE 3RD** \*\*\*\*\*  
BEEF AND CHEESE BURRITO (22g) IN QUESO SAUCE, SPANISH RICE (38g), **STREET CORN** OR **FRESH BROCCOLI**, FRUIT COCKTAIL OR FRESH FRUIT

\*\*\*\*\* **JUNE 10TH** \*\*\*\*\*  
WALKING TACOS (21g 150cal), CHEDDAR CHEESE (2g), TACO MEAT(2g), **GRAPE TOMATOES**, SHREDDED LETTUCE OR **BLACK BEANS**, SPANISH RICE, FRESH FRUIT OR MANDARIN ORANGES

\*\*\*\*\* **JUNE 17TH** \*\*\*\*\*  
CHICKEN FRIED CHICKEN, **MASHED POTATOES** (27g 300cal) WITH GRAVY OR **BLACK BEANS**, FRESH HOT ROLL(27g 140cal), MANDARIN ORANGES

**Tuesday**

\*\*\*\*\* **MAY 28TH** \*\*\*\*\*  
MEATBALLS, PASTA WITH MEAT SAUCE(31g), GARLIC BREAD STICK (27g), **ROMAINE SALAD** OR **CARROT STICKS**, FRESH FRUIT, GOGURT

\*\*\*\*\* **JUNE 4TH** \*\*\*\*\*  
ORIENTAL SPICED CHICKEN (20g), RICE (38g ), EGG ROLL (20g), **ORIENTAL BLEND VEGGIES** OR CUCUMBER SLICES, PINEAPPLE RINGS OR FRESH FRUIT

\*\*\*\*\* **JUNE 11TH** \*\*\*\*\*  
CHEESEBURGER (1.5g) ON BUN (27g), PICKLE SPEARS, **TATER TOTS** OR **BLACK BEANS**, FRUIT COCKTAIL OR FRESH FRUIT

\*\*\*\*\* **JUNE 18TH** \*\*\*\*\*  
PEPPERONI PIZZA (24g), CORN OR **CARROT STICKS**, MANDARIN ORANGES OR FRESH FRUIT, GOGURT

**Wednesday**

\*\*\*\*\* **MAY 29** \*\*\*\*\*  
CHICKEN NUGGETS (9.5g), **MASHED POTATOES** (27g) OR **CARROT STICKS**, FRESH HOT ROLL(27g 140cal) APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)

\*\*\*\*\* **JUNE 5TH** \*\*\*\*\*  
CHICKEN NUGGETS (9.5g), **MASHED POTATOES** (27g) OR **CARROT STICKS**, FRESH HOT ROLL(27g 140cal) APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)

\*\*\*\*\* **JUNE 12TH** \*\*\*\*\*  
CHICKEN NUGGETS (9.5g), **MASHED POTATOES** (27g) OR **CARROT STICKS**, FRESH HOT ROLL(27g 140cal) APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)

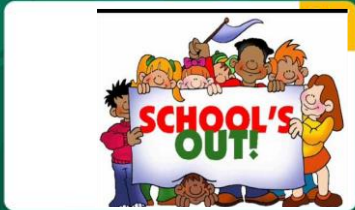
\*\*\*\*\* **JUNE 19TH** \*\*\*\*\*  
CHICKEN NUGGETS (9.5g), **MASHED POTATOES** (27g) OR **CARROT STICKS**, FRESH HOT ROLL(27g 140cal) APPLESAUCE OR FRESH FRUIT, CHOCOLATE CHIP COOKIE (19g)

**Thursday**

\*\*\*\*\* **MAY 30TH** \*\*\*\*\*  
CHICKEN AND CHEESE CRISPIITOS (22g), SPANISH RICE (38g), **REFRIED BEANS** OR **FRESH BROCCOLI**, MANDARIN ORANGES OR FRESH FRUIT

\*\*\*\*\* **JUNE 6TH** \*\*\*\*\*  
CHEESY LASAGNA ROLL-UPS (23g) IN MARINARA, BREADSTICK (27g), **MARINARA DIPPING SAUCE**, ROMANE SALAD, MIXED FRUIT CUP OR FRESH FRUIT, GOGURT

\*\*\*\*\* **JUNE 13TH** \*\*\*\*\*  
BBQ PORK RIB ON A BREAD ROLL, **FRENCH FRIES**, CUCUMBER SLICES, MANDARIN ORANGES OR FRESH FRUIT, RAINBOW SHERBET



**Friday**

\*\*\*\*\* **MAY 31TH** \*\*\*\*\*  
CHICKEN BITES WITH PASTA WITH ALFREDO SAUCE, BREAD STICK, **ROMAINE SALAD** OR **CARROT STICKS**, FRESH FRUIT, GOGURT

\*\*\*\*\* **JUNE 7TH** \*\*\*\*\*  
CHILI DOG (16g) ON BUN (27g), MAC AND CHEESE (43g), **TATER TOTS** OR **FRESH BROCCOLI**, PEACHES OR FRESH FRUIT

\*\*\*\*\* **JUNE 14TH** \*\*\*\*\*  
CHEESY BOSCO BREADSTICKS (25g), **MARINARA DIPPING SAUCE**, ROMANE SALAD OR **CARROT STICKS**, PINEAPPLE TIDBITS OR FRESH FRUIT, GOGURT



At lunch students are required to take a minimum of three out of five food items offered, one of which may be a fruit or vegetable serving.

THE FORSYTH SCHOOL DISTRICT IS PARTICIPATING IN THE SUMMER FOOD SERVICE. MEALS WILL BE PROVIDED TO ALL CHILDREN/ STUDENTS FREE OF CHARGE. MEALS ARE PROVIDED ON A FIRST COME, FIRST SERVE BASIS. ADDITIONAL ENTRÉE CHOICES TO SATISFY YOUR APPETITE WILL BE OFFERED. CHEESEBURGERS, PIZZA SLICES AND CHICKEN SANDWICHES WILL BE OFFERED AS AN ALTERNATIVE. GRAB AND GO MEAL OPTIONS SUCH AS PREPARED SALADS AND A BROWN BAG MEAL WITH A PB&J, CHEESE STICK, CHIPS, VEGGIES AND FRUIT SERVING PAIRED WITH A MILK OF YOUR CHOICE WILL BE OFFERED. ALL SCHOOL MEALS INCLUDE YOUR CHOICE OF 1% SKIM MILK, OR 1% CHOCOLATE SKIM MILK.